

Baringa News

Baringa acknowledges the traditional custodians of country throughout Australia and their connections to sky, land, sea and community. We pay our respects to their elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

Our school is located on Gunaikurnai land.

Newsletter No. 15

7/10/22



Upcoming Events

Incursion
Lower &
Middle
Primary
Theatre
Performance
Tuesday
13th October.

Secondary Day Camp
WED 19th -Fri 1st Oct

Melbourne Cup
Tuesday 1st Nov
NO SCHOOL

From the Principal

Welcome to Term 4 everyone!

I hope you all had wonderful school holidays and are ready for the final term of the year. This term is 11 and a half weeks, with students finishing the year on Tuesday the 20th of December. It is unusual for schools to finish the year on a Tuesday, so please mark this in the diary.

We have some exciting things happening this term, with a number of excursions and events happening. Instead of a school concert this year, we are planning to host a family fun night on Tuesday 29th November. We hope all families can come to celebrate the end of the year as well as see the progress on our new build. More information will be provided on this later in the term.

At the end of last term, Baringa hosted our annual Friendship Games. The Games were postponed for the past two years due to COVID, so it was wonderful to have all the schools back and students getting together to play soccer.

It was a fabulous day and I want to say a big thankyou to past staff member Jos Adrichem for his continued involvement in making the Games happen. It is a huge, combined effort to made these games a success and we thank everyone involved, particularly Baringa teachers Jarratt and Lisa, as well as our admin team for all of their work in organising the day

Kelly Mether



Contact us : PO Box 380, Staff St Moe 3825

Email: baringa.ss@education.vic.gov.au

Ph. 51271744

TXT School Absence 0407880630





We would like to encourage our families and community to read our Anaphylaxis Policy this week. This policy explains to Baringa School parents, carers, staff and students the processes and procedures in place to support students diagnosed as being at risk of suffering from anaphylaxis.

This policy also ensures that Baringa School is compliant with Ministerial Order 706 and the Department's guidelines for anaphylaxis management.

This policy can be accessed via the school website at <https://www.baringass.vic.edu.au/policies> or in hard copy from the school administration office.

ATTENDANCE

ATTENDANCE

**EVERY
SCHOOL DAY
COUNTS**

1 or 2 days ABSENT a week doesn't seem much but.....

If your child misses.....	That is the same as...	Which is....	Over 13 years of school that's....
1 day per fortnight	20 days per year	4 weeks per year	Nearly 1 ^{1/2} years
1 day per week	40 days per year	8 weeks per year	Over 2 ^{1/2} years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

Every Day Counts





A reminder that the school car park area speed limit zone is a Slow 10 k.

Please be aware that this area is very busy with buses and children getting dropped off and picked up.



LATROBE CITY

Children's expo

Free & fun!

Thursday 27 October
1pm - 6pm

Gippsland Regional Indoor
Sports Stadium
Garibaldi Street, Traralgon



Real Dinosaurs

Life-size dinosaurs that
walk, blink, and ROAR!

Interactive dinosaur experiences
for young and old.

community information • magician • Australian animals
Fairy Renee • roving entertainment • frisbee golf • blender bikes
petting zoo • face painting • jumping castle and much more!

Proudly presented by



Proudly supported by



ParentZone Term 4 Programs

All sessions will run online



Tuning in to Teens

Tuning into Teens is an evidence-based program that supports parents to feel more confident to connect with their teens, understand their needs and challenges, support them to manage strong emotions and reduce conflict.

This course provides a number of skills and strategies to help with everyday parenting challenges, based on emotionally-tuned parenting. This course is a 6 week program, with a sessions running weekly.

Where: On line via TEAMS
When: Thursday 13th October- 17th November 2022
Time: 10:30am -12:30pm
Cost: FREE. Bookings essential

For enquiries contact:
E: parentzone.gippsland@anglicarevic.org.au
M: PO Box 959 Morwell Vic 3840
P: (03) 5135 9555

PARENTZONE



Tuning in to Kids

Tuning into Kids is an evidence-based program that supports parents to feel more confident to connect with their children, understand their needs and support them to manage and convey their emotions.

This course provides a number of skills and strategies to help with everyday parenting challenges, based on emotionally-tuned parenting. This course is a 6 week program, with a sessions running weekly.

Where: On line via TEAMS
When: Friday 14th October- 18th November 2022
Time: 10:30am -12:30pm
Cost: FREE. Bookings essential

For enquiries contact:
E: parentzone.gippsland@anglicarevic.org.au
M: PO Box 959 Morwell Vic 3840
P: (03) 5135 9555

PARENTZONE



Lets Talk About Parenting

We understand parenting can raise challenges we never expected and with the highs comes the lows.

Lets Talk about Parenting explores ways to support you in your carer journey.

- Do you want to know how to talk so children will listen?
- Understand what is normal children's behaviour?
- Communicate better with your child?
- Stay connected to your child.

This course provides a number of skills and strategies to help with everyday parenting challenges, based on emotionally-tuned parenting. Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

Where: On line via TEAMS
When: Friday 11th October- 15th November 2022
Time: 10:30am -12:30pm
Cost: FREE. Bookings essential

For enquiries contact:
E: parentzone.gippsland@anglicarevic.org.au
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ParentZone Term 3 Parent Programmes

Single Sessions



Raising Resilient Kids

As we know navigating the world can sometimes be overwhelming and scary, especially for our young people.

Raising Resilient kids looks at:

- Helping your child cope in a chaotic world.
- supporting you to support your child's confidence and self esteem.
- Learning strategies to support your child to cope with change.

Where: On line via TEAMS
When: Friday 11th November 2022
Time: 10:30am -12:30pm
Cost: FREE. Bookings essential

For enquiries contact:
E: parentzone.gippsland@anglicarevic.org.au
M: PO Box 959 Morwell Vic 3840
P: (03) 5135 9555



Making time for self care

Are you feeling burnt out and overwhelmed by every day tasks?
Self care can sound like a simple thing to achieve however are you stuck with where to start?

Making time for self care looks at:

- Strategies for feeling less overwhelmed.
- Improving your confidence and self esteem.
- Building resilience and setting boundaries.
- Making time for yourself and your family

Where: On line via TEAMS

When: Friday 25th November 2022

Time: 10:30am -12:30pm

Cost: FREE. Bookings essential

For enquiries contact:

E: parentzone.gippsland@anglicarevic.org.au

M: PO Box 959 Morwell Vic 3840

P: (03) 5135 9555



Bullying

What is Bullying and how do we know when it is occurring?
Through this session we look at

- Understanding what bullying is
- Recognising the signs your child is being bullied.
- How to support your child and advocate for their needs?
- Help your child build resilience and learn protective behaviors?

Where: On line via TEAMS

When: Tuesday 29th November 2022

Time: 10:30am -12:30pm

Cost: FREE. Bookings essential

For enquiries contact:

E: parentzone.gippsland@anglicarevic.org.au

M: PO Box 959 Morwell Vic 3840

P: (03) 5135 9555



When Kids Refuse to go to School

In this 2-hour session , we will address many of the issues associated with school refusal, such as:

- Social anxiety in children and teens.
- Building resilience and self-esteem in your child.
- Parenting from love and compassion instead of fear and worry.
- Helping parents dealing with their own anxiety about school refusal.
- Open the lines of communication with your child and work together on solutions.

Where: On line via TEAMS

When: Friday 11th October 2022

Time: 10:30am -12:30pm

Cost: FREE. Bookings essential

For enquiries contact:

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Routines

For Parents and Carers to help support and implement routines to support a harmonious home.
we look at ways to help you work through strategies, where to next and discuss concerns with "sticking to it".
we understand creating routines can mean big changes for parents and Carers as well as our young people.

Where: On line via TEAMS

When: Thursday 24th November 2022

Time: 10:30am -12:30pm

Cost: FREE. Bookings essential

For enquiries contact:

E: parentzone.gippsland@anglicarevic.org.au

M: PO Box 959 Morwell Vic 3840

P: (03) 5135 9555



Friendship Games



THANK YOU
to all of our sponsors!



EnergyAustralia
LIGHT THE WAY



MOE RACING CLUB

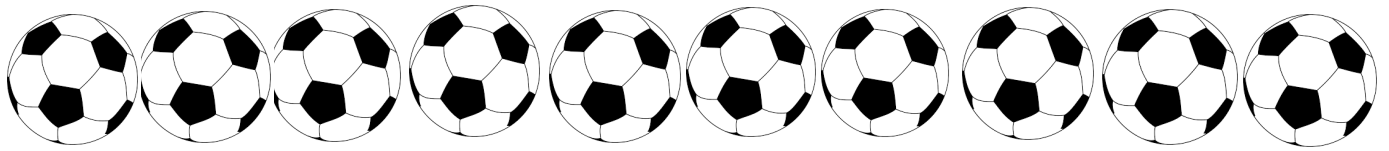


ABLE
ON SITE SERVICES

**Loy Yang B
Power Station**

Powering  **alintaenergy**





Friendship Games



2022 Friendship Games

"It was awesome, I had a great time" – Cam.

"It was so much fun" – Morgan.

"It was fun" – Sophie.

"I loved it" – Jett

"It was good fun, but I wanted to play my old school" – Brayden.

"It was fun, I had a ball" – Abby

"It was great to play against other schools in soccer" – Jax.

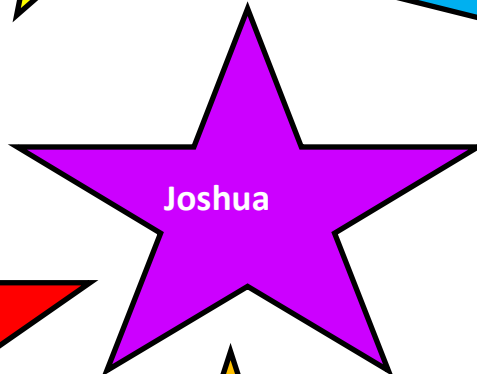
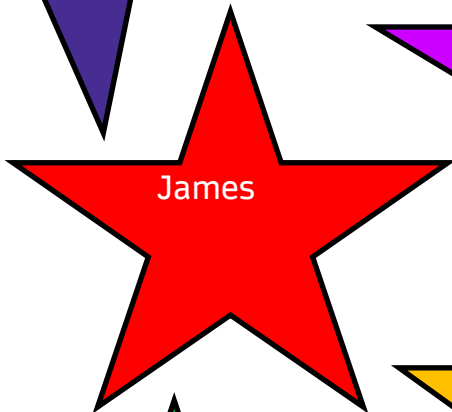
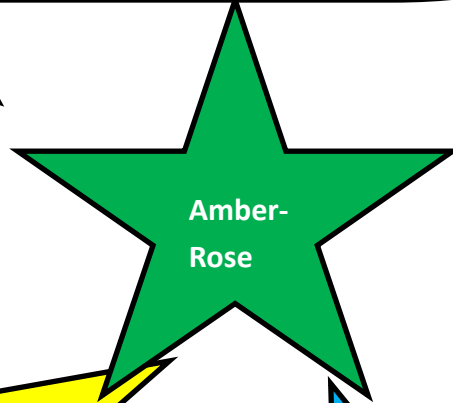
"It was nice" – Locklyn.

"It was fun" – Lochlan.

"It was fun" – Hudson.

"It was fun" – Ryan.





MOR-



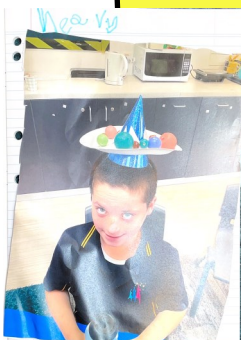
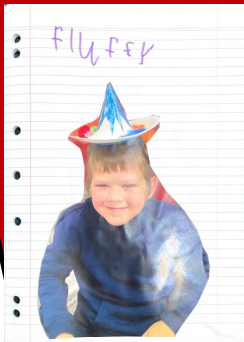
Swimming Lessons

The students from Upper Primary have shown amazing skills during the swimming program, while also having lots of fun. It has been enjoyable to watch the students during Swimming lessons developing and learning such valuable skills .



P4

P4 is learning an integrated maths, science and literacy unit called 'That's My Hat!' P4 started this week by reading Mrs Honey's Hat by Pam Adams. This was a great story for us to learn about sun safety and explore descriptive language- especially around location and size. We made our own hats of our favourite descriptive words! P4 also enjoyed using our visuals to talk about our favourite parts of the story and retell the main events of the text. We also practised sun safety. Playing outside on a sunny day with our sunscreen and hats on was our favourite part so far!



Teachers at Baringa may use an online learning tool called SplashLearn. This website involves students having fun practicing their math through games and activities. SplashLearn caters to our Lower Primary students. It is a great way to consolidate learning.

Each teacher is able to select Curriculum areas in Math that match the individual learning of students and is part of the whole class focus learning areas. Weekly reports are emailed so teachers are able to see how individual students are progressing.

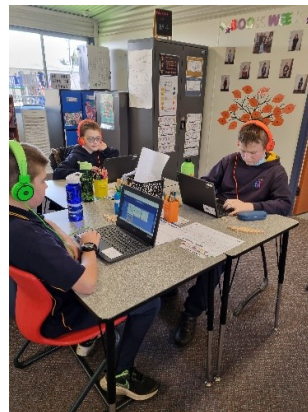
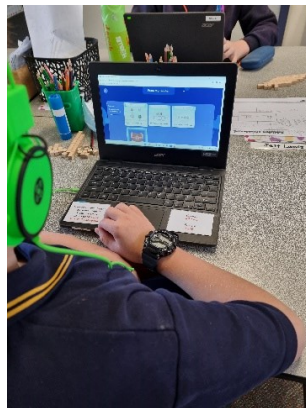
SplashLearn is a great tool to help students reach their full potential.

All activities provide practice and reinforce maths concepts.

Each class has a code, password and individual login details.

Students are able to work through these activities in allocated times for technology use.

From the ICT team @ Baringa.



M4 using Splashlearn in their classroom.

ALL ABILITIES BASKETBALL TRARALGON

INFORMATION



Time

Thursday Nights starting
6 October
UNDER 18 4:00pm - 4:45pm
OVER 18 4:45pm - 5:30pm



Where

Gippsland Regional
Indoor Sports Stadium,
Ashby Street Traralgon



Cost

\$5 per session
\$50 full term
*to be paid online prior to
arrival



What to Wear

Comfortable leisure gear
& runners



To register visit:

<https://gippsport.com.au/programmevents/>

For more information contact: Amelia Evison on
0428 358 336 or amelia@gippsport.com.au





MUFFIN & JUICE: Every Tuesday (*TERM 4 2022*)

Name: _____

Class: _____

JUICE \$2.00 ☐

Apple ☐

Orange ☐

Egg and Bacon Muffin \$3.00

Egg ☐

Tomato Relish ☐

Bacon ☐

Tomato Sauce ☐

Cheese ☐





Total:	
Amount given:	
Change given:	



FRIDAY'S BARINGA SCHOOL CANTEN ORDER FORM TERM 4 2022

NAME: _____

ROOM: _____

ITEM	PRICE	QUANTITY	SUB TOTAL
CHICKEN NUGGETS (3 per serve)			
<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> No Sauce <input type="checkbox"/> BBQ Sauce 	\$2.00		\$
PIE (1 per serve)			
<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> No Sauce <input type="checkbox"/> BBQ Sauce 	\$3.50		\$
SAUSAGE ROLL (1 per serve)			
<input type="checkbox"/> Tomato Sauce <input type="checkbox"/> No Sauce <input type="checkbox"/> BBQ Sauce 	\$3.50		\$
STEAMED DIM SIMS (2 per serve)			
<input type="checkbox"/> Soy Sauce <input type="checkbox"/> Tomato Sauce <input type="checkbox"/> No Sauce 	\$2.50		\$
<input type="checkbox"/> NACHOS (SALSA AND CHEESE) <input type="checkbox"/> Sour Cream <input type="checkbox"/> Cheese <input type="checkbox"/> Salsa	\$4.00		\$
			\$
<input type="checkbox"/> Vegemite roll	\$2.00		\$
<input type="checkbox"/> Cheese & Vegemite roll	\$2.50		\$
<input type="checkbox"/> Salad Roll (choose from fillings below) <input type="checkbox"/> Salad Wrap (choose from fillings below)	\$5.00		\$
<input type="checkbox"/> Butter <input type="checkbox"/> Mayo <input type="checkbox"/> Salt <input type="checkbox"/> Pepper <input type="checkbox"/> Ham <input type="checkbox"/> Egg <input type="checkbox"/> Sweet Chilli Sauce <input type="checkbox"/> Lettuce <input type="checkbox"/> Cheese <input type="checkbox"/> Tomato <input type="checkbox"/> Carrot <input type="checkbox"/> Chicken <input type="checkbox"/> Beetroot <input type="checkbox"/> Cucumber <input type="checkbox"/> Onion			
SNACKS			
TWO FRUITS	\$1.50		\$
POPCORN	\$1.00		\$
DRINKS			
BOTTLED WATER	\$2.00		\$
CHOCOLATE MILK	\$2.50		\$
STRAWBERRY MILK	\$2.50		\$
APPLE JUICE PRIMA	\$2.00		\$
ORANGE JUICE PRIMA	\$2.00		\$
TOTAL COST			\$
AMOUNT ENCLOSED			\$
CHANGE GIVEN			\$

Canteen is available on Fridays



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